

## KAISER PERMANENTE OPENS NO-SALT DOORS

May, 2011

The Sacramento area Kaiser Permanente Healthcare Foundation invited Donald and Maureen Gazzaniga to make a half dozen presentations at different facilities.

Nutritionists at Kaiser recognize the need for cutting salt and sodium in our dietary lives and in some cases cutting it out altogether.

“Who better to present the message to our patients and medical staff than Donald Gazzaniga his wife?” a Kaiser nutritionist asked.

Indeed, Gazzaniga has become the “guru” for the no-salt world and with five highly successful no-salt books under his belt he speaks with authority.

“The presentations went well,” Gazzaniga said, “and the participants were very interested and motivated.

Gazzaniga supplied materials for participants, exhibited his books and also provided no salt samples of bread, pickles and other foods supplied by Healthy Heart Market, and online store started about the same time Gazzaniga founded Megaheart.com.

You can reach Gazzaniga via his Web site at [Megaheart.com](http://Megaheart.com)